

Trans Survival Toolkit for the U.S. Under Trump

This guide is a living document intended to help trans individuals and communities navigate hostile environments under an increasingly authoritarian regime, with a specific focus on surviving the renewed Trump-era conditions. It includes a state-by-state breakdown of anti-trans legislation, legal protections, mutual aid networks, sanctuary cities, underground support structures, and practical strategies for safety, movement, and resistance.

Alabama

- **Legal Landscape:**
 - HB1/SB10, enacted in 2022, criminalizes gender-affirming care for minors.
 - "Don't Say Gay"-style education restrictions in schools.
 - Legal protection is minimal or nonexistent.
- **Support Organizations:**
 - *Magic City Acceptance Center* (Birmingham)
 - *TAKE Resource Center* (Transgender Advocates Knowledgeable Empowering)
- **Mutual Aid & Underground Networks:**
 - Alabama Mutual Aid (varied chapters)
 - Regional queer Signal and Telegram groups (invite-only)
- **Sanctuary Options Nearby:**
 - Consider relocation networks towards Atlanta, GA or Asheville, NC.

Alaska

- **Legal Landscape:**
 - No statewide anti-discrimination protections for gender identity.
 - School-level bans and policies vary by region.
- **Support Organizations:**
 - *Identity Alaska*
 - *Alaska LGBTQ+ Alliance*
- **Mutual Aid:**
 - Anchorage Queer Mutual Aid
 - Indigenous trans and Two-Spirit support circles

- **Strategy:**

- Build survival infrastructure in Anchorage and link with Seattle-based resources for supplies and support.

Arizona

- **Legal Landscape:**

- Trans youth health care restrictions in effect
- Bathroom and sports bans enforced

- **Support Organizations:**

- *Equality Arizona*
- *Trans Queer Pueblo* (Phoenix, undocumented + BIPOC focused)

- **Mutual Aid Networks:**

- Tucson Trans Mutual Aid
- Arizona Harm Reduction Alliance

- **Tips:**

- Borderlands offer access to underground support, but also ICE surveillance—move cautiously

Arkansas

- **Legal Landscape:**

- First state to pass a full ban on gender-affirming care for minors (Act 626).
- State continues to fight in court to maintain restrictions.

- **Support Organizations:**

- *Lucie's Place* (housing and support for LGBTQ+ youth)
- *ACLU Arkansas* (legal support)

- **Mutual Aid & Underground:**

- Little Rock Queer Mutual Aid
- Intercity survival networks through Memphis and Missouri

- **Tactics:**

- Avoid drawing institutional attention.
- Use phone trees and buddy systems for emergencies.

California

- **Legal Landscape:**
 - Sanctuary state for trans people and youth fleeing criminalization
 - Legal protections for healthcare, name/gender marker changes, housing
- **Support Organizations:**
 - *Transgender Law Center* (Oakland)
 - *Gender Health Center* (Sacramento)
 - *LYRIC* (San Francisco LGBTQ Youth)
- **Mutual Aid & Resistance Networks:**
 - Bay Area Queer Collective Mutual Aid
 - LA Queer Resistance Network
 - Housing cooperatives, radical clinics, and QTPOC-led defense groups
- **Strategic Notes:**
 - Use California as a base for regrouping, organizing, and healing—take advantage of legal clinics like the Transgender Law Center, healthcare providers such as the Gender Health Center, and mutual aid networks including Bay Area Queer Collective and LA Queer Resistance.
 - Leverage sanctuary policies for legal defense and documentation.

Colorado

- **Legal Landscape:**
 - Legal sanctuary for gender-affirming care
 - Streamlined ID process and healthcare access
- **Support Organizations:**
 - *The Center on Colfax* (Denver)
 - *Envision:You* (mental health support for LGBTQ+)
- **Mutual Aid:**
 - Colorado Trans Mutual Aid Fund
 - Front Range Queer Mutual Aid
- **Tactical Notes:**
 - Colorado is a critical safe zone in the mountain west, used for regrouping and transit.

Connecticut

- **Legal Landscape:**
 - Legal protections in place, including for youth fleeing states with bans.
 - Broad insurance coverage for gender-affirming care.
- **Support Organizations:**
 - *Connecticut TransAdvocacy Coalition*
 - *Hartford Gay & Lesbian Health Collective*
- **Mutual Aid:**
 - CT Queer Mutual Aid Network
 - Faith-based shelter partnerships
- **Notes:**
 - Good legal resources and centralized access to New York and Boston regions.

Delaware

- **Legal Landscape:**
 - Strong protections against discrimination for trans people in all major categories.
 - Gender-affirming care is protected and accessible.
- **Support Organizations:**
 - *Delaware LGBTQ+ Cares Coalition*
 - *PFLAG Wilmington*
- **Mutual Aid:**
 - Delaware Queer Relief Network
 - South Jersey-Delaware Shore Mutual Aid partnerships
- **Strategy:**
 - Use as a sanctuary hub for Southern and Mid-Atlantic refugees.

Florida

- **Legal Landscape:**
 - Gender-affirming care banned for minors, restrictions and surveillance on adults.
 - Teachers banned from discussing LGBTQ+ issues under HB 1557, commonly referred to as the "Don't Say Gay" law.

- Trans people barred from using correct facilities in schools and many public settings.
- **Support Organizations:**
 - *Southern Legal Counsel*
 - *Equality Florida* (offers some legal aid and relocation resources)
 - *Contigo Fund* (grant funding for grassroots orgs)
- **Mutual Aid & Underground Networks:**
 - Trans Mutual Aid Florida (centralized around Orlando and Miami)
 - Florida Trans Sanctuary Project
- **Tactics for Survival:**
 - Digitally encrypted communications (Signal, ProtonMail)
 - Use safehouses and informal transit networks to exit hostile zones
 - Be aware of increasing surveillance from law enforcement and schools

Georgia

- **Legal Landscape:**
 - Ban on gender-affirming care for minors signed in 2023
 - Anti-trans rhetoric in schools and state legislation increasing
- **Support Organizations:**
 - *Georgia Equality*
 - *Southern Fried Queer Pride*
- **Mutual Aid & Resistance:**
 - Atlanta Trans Mutual Aid Coalition
 - Interfaith Sanctuary Movement of Atlanta
- **Strategic Tips:**
 - Atlanta remains a stronghold of trans-led resistance and housing support

Hawaii

- **Legal Landscape:**
 - Comprehensive protection for gender identity.
 - Gender-affirming care is covered and accessible.
- **Support Organizations:**

- *Hawaii Health & Harm Reduction Center*
- *Kua'ana Project* (Native Hawaiian trans leadership)
- **Mutual Aid:**
 - O'ahu Trans Mutual Aid
 - Pacific Islander LGBTQ+ collectives
- **Survival Notes:**
 - Remote but strong community; vital for BIPOC-led sovereignty and healing work.

Idaho

- **Legal Landscape:**
 - Bans on youth care, bathroom access, and “drag ban” laws affect trans public life.
 - Anti-trans laws aggressively enforced in rural areas.
- **Support Organizations:**
 - *Add the Words Idaho*
 - *ACLU of Idaho*
- **Mutual Aid & Resistance:**
 - Boise Queer Mutual Aid
 - Underground travel connections with Oregon and Montana
- **Survival Tips:**
 - Avoid hospitals and schools without legal accompaniment.
 - Use encrypted digital organizing tools.

Illinois

- **Legal Landscape:**
 - State-level sanctuary policies for trans and reproductive care
 - Strong legal protections and progressive ID laws
- **Support Organizations:**
 - *Howard Brown Health* (Chicago)
 - *Brave Space Alliance* (Black- and trans-led org)
- **Mutual Aid:**
 - Chicago Queer Mutual Aid

- Midwest Access Coalition (for travel and medical support)
- **Strategic Advice:**
 - Illinois is a key safe zone for those fleeing from MO, IN, KY, IA

Indiana

- **Legal Landscape:**
 - Trans youth healthcare bans passed
 - Education surveillance and anti-trans sports laws in place
- **Support Organizations:**
 - *Indiana Youth Group*
 - *ACLU of Indiana*
- **Mutual Aid:**
 - Indy Queer Mutual Aid
 - Community defense hubs linked with Chicago organizers
- **Notes:**
 - Move with caution in rural Indiana; urban areas offer more protection

Iowa

- **Legal Landscape:**
 - Bans on trans youth care, sports participation, and school discussions
 - State policies encourage reporting trans students
- **Support Organizations:**
 - *Transformations Iowa*
 - *One Iowa*
- **Mutual Aid:**
 - Iowa City Queer Mutual Aid
 - DIY queer care collectives growing in college towns
- **Tactics:**
 - Use college-linked legal clinics for help
 - Connect with Chicago or Twin Cities for relocation support

Kansas

- **Legal Landscape:**
 - Laws passed banning gender-affirming care for minors and restricting bathroom access.
 - Anti-trans education bills promoted statewide.
- **Support Organizations:**
 - *Kansas Statewide Transgender Education Project (K-STEP)*
 - *Equality Kansas*
- **Mutual Aid:**
 - Queer Kansans Mutual Aid Network
 - Interfaith sanctuary routes coordinated with Missouri and Colorado groups
- **Tactics:**
 - Use Lawrence and Kansas City as relative safe zones; avoid rural institutions.

Kentucky

- **Legal Landscape:**
 - SB150 bans most forms of gender-affirming care for minors
 - Teachers may misgender students under new laws
- **Support Organizations:**
 - *Kentucky Health Justice Network* (Trans Health Advocacy Program)
 - *Fairness Campaign*
- **Mutual Aid & Resistance:**
 - Louisville Trans Mutual Aid Fund
 - Regional network linked with Cincinnati, OH
- **Survival Strategy:**
 - Urban areas are more supportive; rural communities are high-risk zones

Louisiana

- **Legal Landscape:**
 - Bans on gender-affirming care for minors signed into law in 2023
 - Hostile school environments and anti-LGBTQ+ rhetoric supported by state leadership
- **Support Organizations:**
 - *Forum for Equality*

- *Louisiana Trans Advocates*
- **Mutual Aid & Networks:**
 - New Orleans Trans Mutual Aid
 - Gulf South LGBTQ+ Emergency Response Coalition
- **Strategic Notes:**
 - New Orleans remains a safer hub; heavy law enforcement presence in rural areas

Maine

- **Legal Landscape:**
 - Strong state protections for trans people in housing, employment, education, and healthcare.
 - Trans youth protected from extradition.
- **Support Organizations:**
 - *EqualityMaine*
 - *MaineTransNet*
- **Mutual Aid:**
 - Northern New England Trans Mutual Aid
 - Rural queer food and housing co-ops
- **Advice:**
 - Maine offers rural sanctuary infrastructure and medical safety for long-term stays.

Maryland

- **Legal Landscape:**
 - Comprehensive LGBTQ+ anti-discrimination protections.
 - Trans healthcare access protected by Medicaid.
- **Support Organizations:**
 - *FreeState Justice*
 - *Baltimore Safe Haven*
- **Mutual Aid:**
 - Baltimore QT Mutual Aid
 - Southern Maryland Queer Support Hub

- **Tips:**
 - Strong legal infrastructure; use Baltimore and DC metro area for safety and political organizing.

Massachusetts

- **Legal Landscape:**
 - One of the most trans-affirming legal environments in the U.S.
 - Sanctuary state for gender-affirming care.
- **Support Organizations:**
 - *Massachusetts Transgender Political Coalition*
 - *Fenway Health*
- **Mutual Aid:**
 - Boston Area Trans Mutual Aid
 - Trans housing cooperatives and student organizing at local universities
- **Strategic Notes:**
 - Boston is a northeastern organizing hub and relocation endpoint.

Michigan

- **Legal Landscape:**
 - State Civil Rights Act amended to protect LGBTQ+ people (2023)
 - Legal gender changes and medical care are accessible
- **Support Organizations:**
 - *Ruth Ellis Center* (Detroit)
 - *Equality Michigan*
- **Mutual Aid:**
 - Trans Sistas of Color Project (TSOCP)
 - Detroit Eviction Defense (partnered with queer housing advocates)
- **Notes:**
 - Michigan is a critical node for Midwest relocation

Minnesota

- **Legal Landscape:**

- Declared a trans refuge state in 2023
- Legal protections for care, identity, and healthcare
- **Support Organizations:**
 - *RECLAIM* (mental health and healing)
 - *Transforming Families MN*
- **Mutual Aid & Defense:**
 - Twin Cities Trans Mutual Aid
 - Minnesota Freedom Fund (bail and legal defense)
- **Advice:**
 - Minnesota is a regional stronghold with infrastructure for long-term stability

Mississippi

- **Legal Landscape:**
 - Gender-affirming care for minors is banned.
 - Anti-trans legislation aggressively enforced.
- **Support Organizations:**
 - *Mississippi Rising Coalition*
 - *Transgender Nonconforming Collective of Mississippi*
- **Mutual Aid:**
 - Gulf Coast Queer Mutual Aid
 - Church-based sanctuary groups in Jackson
- **Strategy:**
 - Avoid institutional contact. Use mobile and faith-led underground options.

Missouri

- **Legal Landscape:**
 - Gender-affirming care is heavily restricted; state uses emergency rules to ban care
 - Bathroom bans and forces outing laws passed
- **Support Organizations:**
 - *PROMO Missouri* (statewide LGBTQ+ rights org)
 - *Metro Trans Umbrella Group* (St. Louis)

- **Mutual Aid & Resistance:**
 - STL Trans Mutual Aid
 - Faith-based shelter networks are critical in rural areas
- **Tactics:**
 - Use neighboring Illinois as an access point for legal and medical safety

Montana

- **Legal Landscape:**
 - Passed bans on youth care, drag, and trans visibility in schools
 - 2023: State barred trans legislator Zooey Zephyr from legislative floor
- **Support Organizations:**
 - *Montana Human Rights Network*
 - *Western Montana LGBTQ+ Center*
- **Mutual Aid:**
 - Missoula Queer Collective
 - Rural networks linked with Spokane and Bozeman
- **Survival Notes:**
 - Use university towns for safety and organize travel routes toward Washington or Colorado

Nebraska

- **Legal Landscape:**
 - Gender-affirming care for minors was banned in 2023.
 - State-level political support for anti-trans bills continues to grow.
- **Support Organizations:**
 - *OutNebraska*
 - *Panhandle Equality*
- **Mutual Aid:**
 - Lincoln Trans Mutual Aid
 - Midwest Queer Transit Network (linking to Iowa, Kansas, Colorado)
- **Strategic Tips:**

- Urban centers like Omaha are safer; rural regions should be navigated with strong backup networks.

Nevada

- **Legal Landscape:**
 - Strong legal protections for trans people
 - Gender-affirming care accessible via Medicaid and private insurance
- **Support Organizations:**
 - *Gender Justice Nevada*
 - *Trans Pride Las Vegas*
- **Mutual Aid:**
 - Las Vegas Queer Mutual Aid
 - Renegade Gender Collective (Reno)
- **Strategic Use:**
 - Nevada is a Western access hub for desert-state refugees

New Hampshire

- **Legal Landscape:**
 - Some protections exist, but conservative pushbacks are mounting.
 - No comprehensive statewide health coverage mandates gender-affirming care.
- **Support Organizations:**
 - *603 Equality*
 - *PFLAG New Hampshire*
- **Mutual Aid:**
 - Seacoast Queer Mutual Aid
 - Cross-border solidarity with Vermont and Massachusetts
- **Advice:**
 - Use NH for discreet sanctuary and quick access to more protective neighboring states.

New Jersey

- **Legal Landscape:**
 - Strong protections for trans people in housing, healthcare, and education

- NJ Gender Affirming Care Access Law passed in 2023
- **Support Organizations:**
 - *Garden State Equality*
 - *Hyacinth Foundation* (HIV+ trans services)
- **Mutual Aid:**
 - North Jersey Mutual Aid for Queer and Trans Folks
 - Newark QTPOC Resource Exchange
- **Tips:**
 - Use NJ as a safer alternative to NYC for cost-sensitive relocation

New Mexico

- **Legal Landscape:**
 - Declared a sanctuary state for gender-affirming care in 2023.
 - State law prohibits cooperation with other states investigating trans healthcare.
- **Support Organizations:**
 - *Transgender Resource Center of New Mexico*
 - *Equality New Mexico*
- **Mutual Aid:**
 - Albuquerque Trans Mutual Aid
 - Borderlands migrant and trans support networks
- **Strategic Role:**
 - Critical Southwestern hub for those fleeing Texas and Arizona. Strong rural-urban organizing.

New York

- **Legal Landscape:**
 - Strongest legal protection in the country
 - The Gender Expression Non-Discrimination Act (GENDA) protects against discrimination in housing, employment, and healthcare
- **Support Organizations:**
 - *Sylvia Rivera Law Project*

- *Callen-Lorde Community Health Center*
- *Transgender Legal Defense & Education Fund*
- **Mutual Aid Networks:**
 - New York Trans Mutual Aid Collective
 - Red Umbrella Project (for sex workers)
- **Strategic Recommendations:**
 - NYC can serve as a communication and media hub
 - Use NYC as a launch point for national and international advocacy

North Carolina

- **Legal Landscape:**
 - Anti-trans sports and medical bans for minors
 - HB2 legacy continues to limit bathroom access
- **Support Organizations:**
 - *Campaign for Southern Equality*
 - *Tranzmission* (Asheville)
- **Mutual Aid & Sanctuary Networks:**
 - Western NC Safe Haven Project
 - Blue Ridge Mutual Aid
- **Survival Advice:**
 - Use Asheville as a community defense center
 - Legal observers and medics active in protest-heavy regions

North Dakota

- **Legal Landscape:**
 - Gender-affirming care for minors is banned.
 - Bills introduced to limit drag and LGBTQ+ discussions in schools.
- **Support Organizations:**
 - *North Dakota Human Rights Coalition*
 - *Red River Rainbow Seniors* (LGBTQ+ community support)
- **Mutual Aid & Resistance:**

- Fargo-Moorhead Queer Mutual Aid
- Cross-border networks with Minnesota and Montana
- **Strategy:**
 - Focus on low-profile survival tactics and building trusted interpersonal support networks.

Ohio

- **Legal Landscape:**
 - 2024 saw bans on youth care and sports
 - School surveillance and reporting bills under review
- **Support Organizations:**
 - *TransOhio*
 - *Kaleidoscope Youth Center* (Columbus)
- **Mutual Aid & Resistance:**
 - Ohio Valley QT Mutual Aid
 - Legal clinics affiliated with OSU law students
- **Survival Strategy:**
 - Prioritize connections with Cleveland and Columbus networks
 - Be wary of rural enforcement patterns

Oklahoma

- **Legal Landscape:**
 - Gender-affirming care is banned for minors, adult access is under threat.
 - State law mandates detransition efforts for youth.
- **Support Organizations:**
 - *Freedom Oklahoma*
 - *IndigiQueer Circle* (Native Two-Spirit-led mutual aid)
- **Mutual Aid:**
 - Tulsa Trans Mutual Aid
 - Red State Safe Routes Project
- **Tactics:**

- Avoid contact with state health systems; use encrypted channels for care coordination.

Oregon

- **Legal Landscape:**
 - State offers robust protection and access to gender-affirming care
 - Legal name and marker changes supported
- **Support Organizations:**
 - *TransPonder* (Eugene)
 - *Basic Rights Oregon*
- **Mutual Aid:**
 - PDX Trans Housing Coalition
 - Cascadia Underground Railroad
- **Tips:**
 - Use Oregon as a medical and housing refuge
 - Active protest and defense scene in Portland and Eugene

Pennsylvania

- **Legal Landscape:**
 - Protections vary by city, Philly and Pittsburgh strong, rural areas hostile
 - Name changes are still bureaucratically difficult in some counties
- **Support Organizations:**
 - *Mazzoni Center* (Philly)
 - *Trans Advocacy Pennsylvania*
- **Mutual Aid:**
 - PGH Mutual Aid Network
 - Philly QTBIPOC Mutual Aid Fund
- **Advice:**
 - Philly is one of the safest Eastern cities; use as a base if fleeing from the South or Midwest

Rhode Island

- **Legal Landscape:**

- Comprehensive LGBTQ+ nondiscrimination laws.
- Trans healthcare covered by Medicaid and most private insurers.
- **Support Organizations:**
 - *Youth Pride, Inc.*
 - *TGI Network of Rhode Island*
- **Mutual Aid:**
 - Providence QTPOC Mutual Aid
 - Cross-border support with Massachusetts
- **Strategy:**
 - Use for short-term refuge or medical access during relocation through New England.

South Carolina

- **Legal Landscape:**
 - Gender-affirming care for minors was banned in 2024.
 - Conservative push to restrict education and bathroom access.
- **Support Organizations:**
 - *SC United for Justice & Equality*
 - *We Are Family Charleston* (youth-focused)
- **Mutual Aid & Survival Networks:**
 - Charleston Trans Mutual Aid
 - Faith-based support systems in Columbia
- **Survival Tips:**
 - Use North Carolina and Georgia contacts for relocation pathways.
 - Build quiet, informal local networks under church or youth group umbrellas.

South Dakota

- **Legal Landscape:**
 - One of the first states is to ban gender-affirming care for minors.
 - Anti-trans legislation and rhetoric strongly pushed by state leadership.
- **Support Organizations:**
 - *Transformation Project Advocacy Network*

- *Black Hills Center for Equality*
- **Mutual Aid:**
 - Queer South Dakota Emergency Network
 - Underground clinics and housing partnerships with Nebraska and Colorado
- **Tips:**
 - Prioritize urban centers like Sioux Falls for connection and potential mobility.

Tennessee

- **Legal Landscape:**
 - Ban on gender-affirming care for minors
 - Restrictions on drag and trans expression in public
 - State-sponsored attacks on trans presence in education and health
- **Support Organizations:**
 - *CHOICES Memphis Center for Reproductive Health*
 - *Tennessee Equality Project*
- **Mutual Aid & Safe Havens:**
 - Knoxville Radical Mutual Aid
 - Underground travel and housing support through interfaith networks
- **Survival Strategies:**
 - Build small, trusted circles; never assume safety in institutional spaces
 - Avoid unnecessary contact with healthcare institutions without legal backup

Texas

- **Legal Landscape:**
 - State targets parents of trans kids with CPS investigations
 - Bans on trans youth sports participation and gender-affirming care
 - Anti-drag and anti-public expression laws, such as SB12 and similar legislation, are increasingly enforced through vague language that criminalizes trans visibility in public and performance spaces. These laws have been used to justify police surveillance, harassment, and venue shutdowns targeting trans individuals, particularly in conservative regions.
- **Support Organizations:**

- *Transgender Education Network of Texas (TENT)*
- *Equality Texas*
- *Dallas Hope Charities*
- **Mutual Aid & Underground Networks:**
 - Trans Texas Underground Railroad (TTUR)
 - Queer in Crisis DFW Mutual Aid
- **Relocation Options:**
 - New Mexico (sanctuary state for gender-affirming care)
 - Colorado (broad protections for LGBTQ+ people)

Utah

- **Legal Landscape:**
 - Gender-affirming care for minors banned
 - High surveillance, conservative enforcement culture
- **Support Organizations:**
 - *Utah Pride Center*
 - *Equality Utah*
- **Mutual Aid:**
 - Queer Mutual Aid SLC
 - Underground networks link to Denver, CO
- **Strategic Notes:**
 - Use Wasatch Front as main organizing base; desert regions are high-risk

Vermont

- **Legal Landscape:**
 - Full legal protections for trans people.
 - State passed shield laws to protect those fleeing anti-trans states.
- **Support Organizations:**
 - *Outright Vermont*
 - *Pride Center of Vermont*
- **Mutual Aid & Sanctuary:**

- Burlington Trans Mutual Aid
 - Rural community support circles and safe farms
- **Use:**
 - Vermont is a critical northeastern safe zone with legal and emotional safety resources.

Virginia

- **Legal Landscape:**
 - State-level protections are inconsistent due to political shifts.
 - 2023 rollback attempts of trans student protections; watch closely.
- **Support Organizations:**
 - *He She Ze and We*
 - *Equality Virginia*
- **Mutual Aid:**
 - Richmond Queer Mutual Aid
 - Northern VA Trans Collective
- **Tactics:**
 - Leverage DMV (DC-MD-VA) metro resources for legal and healthcare access

Washington

- **Legal Landscape:**
 - Comprehensive protection for gender identity in healthcare, housing, employment, and education.
 - State laws ensure minors fleeing other states seeking gender-affirming care are not extradited.
- **Support Organizations:**
 - *Ingersoll Gender Center* (Seattle)
 - *Gender Justice League*
- **Mutual Aid Networks:**
 - Queer the Land (Seattle, BIPOC and housing focused)
 - PNW Trans Mutual Aid (regional network)
- **Strategic Notes:**

- Washington is a vital West Coast safe zone with infrastructure for legal, medical, and housing support.

West Virginia

- **Legal Landscape:**
 - Bans on gender-affirming care and trans sports participation
 - High rates of medical discrimination, especially in Appalachia
- **Support Organizations:**
 - *Appalachian Trans Advocate Network*
 - *Fairness West Virginia*
- **Mutual Aid:**
 - Mutual Aid Appalachia (regional support for QT folks)
 - Local church sanctuaries in Morgantown and Huntington
- **Tactics:**
 - Prioritize safety through church or tribal networks; avoid hospitals, when possible, without backup

Wisconsin

- **Legal Landscape:**
 - Protection exists in cities (Madison, Milwaukee) but not statewide.
 - Anti-trans bills regularly introduced, with vetoes under Dem governor.
- **Support Organizations:**
 - *GSAFE Wisconsin*
 - *Trans Law Help Wisconsin*
- **Mutual Aid:**
 - Madison Queer Mutual Aid
 - Milwaukee Trans Support Network
- **Advice:**
 - Use urban areas for organizing, coordinating with MN and IL for relocation and defense.

Wyoming

- **Legal Landscape:**

- Minimal protections for trans people; hostile political climate.
- Anti-trans laws proposed often, high stigma in healthcare and law enforcement.
- **Support Organizations:**
 - *Wyoming Equality*
 - *Queer Wyoming Coalition*
- **Mutual Aid:**
 - Mountain West trans housing networks
 - Linked rural clinics and ride-shares with Colorado and Montana
- **Survival Notes:**
 - Use caution in public institutions; prioritize mobility and encrypted communication.

This guide belongs to the people. Copy it, share it, build on it. Abolish fascism. Protect trans life.